



## Lounas viikko 11

### MAANANTAI 13.3

*falafel-pitaleipiä (VE, S)*  
*kalapuikkoja (L, K, S)*

### TIISTAI 14.3

*Härkis-pastaa (VE, S)*  
*makkarakastiketta (L, G, K, S)*

### KESKIVIIKKO 15.3

*linssi-kurpitsakeittoa (VE, G, S)*  
*kanakeittoa (L, G, K, S)*

### TORSTAI 16.3

*kasvisrisottoa (VE, G, sis soijaa)*  
*bolognese-pastaa (L, K, S)*

### PERJANTAI 17.3

*härkäpapustroganoffia (VE, G, S)*  
*valkosipulikanaa (L, G, K, S)*

## Lunch week 11

### MONDAY 13.3

*Pitabreads with falafels (VE, SF)*  
*Fish sticks (LF, EF, SF)*

### TUESDAY 14.3

*Parta with Härkis (VE, SF)*  
*Sausage with gravy (LF, GF, EF, SF)*

### WEDNESDAY 15.3

*Pumpkin and lentil soup (VE, GF, SF)*  
*Chicken soup (LF, GF, EF, SF)*

### THURSDAY 16.3

*Risotto with vegetables (VE, GF, cont soy)*  
*Pasta Bolognese style (LF, EF, SF)*

### FRIDAY 17.3

*Stroganoff with horse beans (VE, GF, SF)*  
*Chicken with creamy garlic sauce (LF, GF, EF, SF)*